

Idiot's Kitchen Shopping List – Zucchini & Almond Sauté

Recipe from www.idiotskitchen.com – Adapted from Bon Appétit



3 medium zucchini

2 cloves of garlic

¼ cup sliced almonds

2 Tablespoons olive oil (not pictured)

¼ cup Pecorino Romano cheese (or parmesan)

¼ teaspoon red pepper flakes

Salt & Pepper

(Small cat helper optional but highly recommended.)